WEST CATHOLIC ATHLETIC LEAGUE

2013 Track and Field Championships

Qualifying from Trials to Finals

Coaches,

We will adhering to the CCS algorithums for qualifying from the Trials to the Finals. To summarize (from the CCS By-laws, http://www.cifccs.org/playoffs/bylaws/11-12/track%20and%20field%20boys%20bylaws.pdf):

A. RUNNING EVENTS \

1. Running Events (except the 1600m and 800m):

Eight [8] finalists. Winners of each heat, plus the next fastest, qualify for the Finals.

2. 1600m:

Two [2] equal heats. Top two [2] finishers in each heat, plus the next eight [8] fastest, qualify for the Finals.

3. 3200m:

Two [2] equal heats. Top two [2] finishers in each heat, plus the next eight [8] fastest, qualify for the Finals.

WCAL: The winner of each heat, plus the next fastest from all heats will make the finals (8 or 7 depending upon length.

Note: The WCAL does not trial the 1600m or 3200m. However, we do allow 12 into the finals of the 800. We apply the 1600m rule to the 800 (top 2 in each heat, plus next 8).

B. FIELD EVENTS

1. Long Jump, Triple Jump, Shot Put, and Discus:

Four [4] attempts. The top eight [8] qualify for the Finals based upon best mark.

2. High Jump and Pole Vault:

The Games Committee will determine whether meet logistics will allow for the events to be conducted to completion.

Top eight [8] qualify for the Finals based upon best mark..